






















-  Added Plant Power
-  Vegan
-  Wholemeal

	Monday	Tuesday	Wednesday	Thursday	Friday
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Week One Commencing 31/08/2020 21/09/2020 12/10/2020 09/11/2020 30/11/2020	Option 1	 Chinese Chicken Curry with Rice 	Beef Burger with Wedges	Roast Gammon served with Roast Potatoes & Gravy	Cheese & Tomato Pizza with New Potato	MSC Breaded Fish with Chips
	Option 2	Soya Bolognese with Spaghetti 	Quorn Burger with Wedges	Lentil & Tomato Whirl with Roast Potatoes 	Lentil & Sweet Potato Curry with Rice 	Vegetable Pasta with Chips 
	Jacket Potato	Baked Beans	Grated Cheese	Tuna Mayonnaise	Baked Beans	Grated Cheese
	Vegetables	Cauliflower Broccoli	Sweet Corn Mixed Salad	Sliced Carrots Broccoli Florets	Sweet Corn Green Beans	Baked Beans Peas
	Dessert	 Apple Crumble with Custard	Lemon Drizzle Cake	 Vanilla Shortbread	Chocolate & Orange Cake with Choc Sauce	Fresh Fruit & Yoghurt Station Strawberry Jelly
Week Two Commencing 07/09/2020 28/09/2020 19/10/2020 16/11/2020 07/12/2020	Option 1	BBQ Chicken Pasta	Sausage Roll with Wedges	Roast Turkey Served with Roast Potatoes & Gravy	Chicken & Tomato Pizza with New Potatoes 	MSC Fish Fingers with Chips
	Option 2	 Vegetable & Bean Fajitas with Rice	 Vegan Mexican Roll with Wedges 	Quorn Roast Fillet with Roast Potatoes & Gravy	Macaroni Cheese	Spanish Omelette with Chips
	Jacket Potato	Baked Beans	Grated Cheese	Tuna Mayonnaise	Baked Beans	Grated Cheese
	Vegetables	Sweet Corn Broccoli	Roasted Vegetables Peas	Carrots Green Beans	Sweet Corn Coleslaw	Baked Beans Peas
	Dessert	Chocolate & Beetroot Brownie	Iced Sponge	Cheese, Apple & Biscuits	Apple Sponge & Custard	Fresh Fruit & Yoghurt Station Lemon Shortbread
Week Three Commencing 14/09/2020 05/10/2020 02/11/2020 23/11/2020 14/12/2020	Option 1	 Spaghetti Bolognese	 Chicken Fajitas With Rice 	Roast Pork Served with Roast Potatoes & Gravy	Cheese & Tomato Pizza with New Potato	MSC Breaded Fish with Chips
	Option 2	Vegetable Risotto	Tomato & Vegetable Pasta	Vegetable Wellington, Roast Potatoes & Gravy 	Soya Mince Lasagne with Garlic Bread 	Cheese & Potato Wheel with Chips
	Jacket Potato	Baked Beans	Grated Cheese 	Tuna Mayonnaise 	Baked Beans	Grated Cheese
	Vegetables	Sweet Corn Peas	Mixed Peppers Green Beans	Carrot Cabbage	Broccoli Sweet Corn	Baked Beans Peas
	Dessert	 Banana Chocolate Oaty Square	 Marble Cake & Custard	Cheese, Apple & Crackers	Orange Drizzle Cake	Fresh Fruit & Yoghurt Station Peach/Mandarin & Ice Cream

Available Daily:
- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily

ALLERGY INFORMATION:
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.