

Highbury Primary School & Nursery



Sickness and Illness Policy

The health and wellbeing of all our children is of paramount importance to us. We recognise it is our responsibility to ensure the health and safety of all our children whilst at nursery through identifying and discussing health issues with parents or carers.

Our staff will report any worries about a child's health or wellbeing to the parent/carer immediately. Parents/carers are responsible for keeping the nursery informed and up to date about their child's health.

In order to maintain a healthy environment we ask you to refrain from bringing your child to nursery if they are sick or displaying signs of illness. This is for the protection of your child and also for the protection of the other children attending nursery. Please inform us if your child is sick by using the "Sick" tab on Famly. Alternatively you can telephone the office on 02392 215600.

If your child becomes ill at nursery

If your child becomes ill whilst at nursery we will assess your child's condition. Appropriate action will be taken which includes taking medical advice if necessary. The parent/carer will be contacted as soon as possible and be requested to collect their child. Paracetamol may be administered with the consent of the parent (please refer to Administering Medicines Policy).

We understand the needs of working parents and will not exclude children from nursery unnecessarily. However it is at the discretion of the Nursery Manager and Head Teacher when requesting the exclusion of a child for illness or infection and that decision is final.

Please see overleaf for some common illnesses and the statutory requirements for exclusion.

Head Bumps/Injuries

If your child sustains a head bump or injury to the face whilst at nursery we will contact the parent/carer immediately by telephone to inform them. It may not be necessary to send the child home - if the child remains at nursery they will be monitored closely and any change in condition will be notified to the parent/carer immediately.

Policy Reviewed:	06 June 2022	Nursery Manager:	Rebecca Frost
Review Date:	September 2023	Admin Officer:	Angie Bayliss

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Statutory Requirements for Exclusion

Infection/Illness	Exclusion Period	Comments
Athlete's Foot	None	Treatment is recommended
Chicken Pox	Five days from onset of rash and all the lesions have crusted over	
Cold Sores (herpes simplex)	None	Avoid kissing and contact with the sores. Cold sores are generally mild and heal without treatment.
Conjunctivitis	None	Treatment recommended
Diarrhoea and Vomiting	Whilst symptomatic 48 hours after the last symptoms.	
Flu	Until recovered	
Glandular Fever	None	
Hand, Foot and Mouth	None	
Head Lice	None	Treatment recommended when live lice are seen
Impetigo	Until lesions are crusted/healed or 48 hours after starting anti-biotic treatment	Antibiotic treatment speeds healing and reduces the infectious period.
Mumps	Five days after onset of swelling	Preventable by vaccination
Measles	Four days from onset of rash and recovered	Preventable by vaccination
Ringworm	None	Treatment recommended
Scabies	Can return after first treatment	Household and close contacts require treatment at the same time
Scarlet Fever	Exclude until 24hrs of antibiotic treatment completed	A person is infectious for 2-3 weeks if antibiotics are not administered.
Slapped Cheek	None	Pregnant contacts of case should consult with their GP or midwife
Threadworms	None	Treatment required for household
Tonsillitis	None	
Whooping Cough	48 hours from starting antibiotic treatment or 21 days from onset of symptoms if no antibiotics	Preventable by vaccination

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