



# Highbury Primary School

‘Valued as Individuals, Inspired and Nurtured as Learners’

Respect, Resilience, Confidence, Kindness, Inclusive, Aspiration

## GOVERNORS’ SEX AND RELATIONSHIP POLICY (See also Child Protection and PSHE)

Highbury Primary and Nursery School’s mission is:

- To be an inclusive, safe and caring community where each member is equally valued and nurtured to develop their potential.
- To achieve academic excellence by ensuring each pupil performs to the best of their ability.
- To work together as a team with parents and carers within the community to promote respect responsibility for the benefit of all.

## GOVERNORS’ SEX AND RELATIONSHIP POLICY

### 1. Introduction

1.1 Our school’s policy is based on the DfES document *Sex and Relationships Education Guidance (DfES 0116/2000)*. We recognise Sex and Relationships education as the policy’s full title, but for brevity’s sake we will refer to it as sex education in this policy.

1.2 In the DfES document, sex education is defined as “learning about physical, moral and emotional development”. The guidance states “It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health”.

1.3 Sex education is part of the personal, social and health education (PSHE) curriculum in our School. When we inform pupils through sex education about sexual issues, we do this with regard to morality and individual responsibility, and in a way that allows children to ask and explore moral questions. We do not use sex education as a means of promoting any form of sexual orientation.

### 2. Aims

2.1 It is the aim of the school that pupils receive a comprehensive, well planned programme of sex and relationships education that promotes:

- promotes spiritual, moral, cultural, mental and physical development
- prepares pupils for opportunities, responsibility and experiences of adult life
- reflects principles laid down in other relevant policies
- encourage pupils to ask questions

- develop a suitable vocabulary

### **3. Definition**

#### **3.1 Attitudes and values:**

- learning the value of family life, marriage and a stable loving relationship for the nurture of children
- learning the value of respect, love and care
- developing critical thinking as part of decision making
- learning the importance of values and individual conscience and moral considerations

#### **3.2 Personal skills:**

- developing self-respect and empathy for others
- learning to make choices based on an understanding of difference and with absence of prejudice
- developing an appreciation of choices made
- learning to manage emotions and relationships confidently and sensitively

#### **3.3 Knowledge and understanding:**

- learning and understanding physical development at appropriate stages
- elementary understanding of human reproduction

#### **3.4 We teach children about:**

- the physical development of their bodies as they grow into adults - puberty
- the way humans reproduce – how babies are born
- respect for their own bodies and the importance of sexual activity as part of a committed, long-term and loving relationship
- the importance of family life
- moral questions
- relationship issues
- respect for the views of other people
- sex abuse, and what they should do if they are worried about any sexual matters

### **4 Organisation**

Sex and relationship education will be developed in a safe, caring environment, where children have the opportunity to ask questions and explore the issues through problem solving exercises. Children will be given the opportunity to correct their misconceptions.

The curriculum is progressive, beginning in Nursery with the study of babies and baby animals; this is then built on across the school, until the teaching becomes explicit in Y5 and Y6. The children are taught frequently simple safe guarding guidance in relation to keeping their own bodies safe. The science curriculum and PSHE curriculum form part of this teaching.

Parents will be informed of the teaching units in Y5 and Y6 to enable them to become part of the teaching at home.

Approved by the governing body: \_\_\_\_\_

Date: March 2020

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