

Portsmouth Autumn Menu 2021



	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 30/08/2021 20/09/2021 11/10/2021 08/11/2021 29/11/2021	Option 1	Macaroni Cheese	Beef Burger in a Bun with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef & Red Pepper Pizza with New Potatoes	MSC Fish Fingers with Chips
	Option 2	Vegetable and Bean Fajitas with Rice	Vegan Sausage Hot Dog Roll with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Cheese & tomato pizza With New Potatoes	Cheese & Potato Pie with Chips
	Option 3	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Cheese
	Vegetables	Green Beans Cauliflower	Garden Peas Sweetcorn	Carrots Cabbage	Country Vegetables Sweetcorn	Baked Beans Garden Peas
	Dessert	Apple sponge	Cinnamon & orange cookie	Peaches & Ice Cream	Spanish Cookie	Chocolate & Banana Oaty Square
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two 06/09/2021 27/09/2021 18/10/2021 15/11/2021 06/12/2021	Option 1	Sweet & Sour Chicken with Rice	Beef Spaghetti Bolognese	Roast Turkey with Roast Potatoes and Gravy	Ham & Cheese Pizza With Wedges	MSC Fish in Breadcrumbs with Chips
	Option 2	Vegetarian Lasagne	Vegetable Pasty with New Potatoes	Roasted Quorn with Roast Potatoes and Gravy	Cheese and Tomato Pizza with wedges	Mexican Bean Roll with Chips
	Option 3	Jacket Potato with baked beans	Jacket Potato with cheese	Jacket Potato with Baked beans	Jacket Potato with Tuna	Jacket Potato with Cheese
	Vegetables	Green Beans Cauliflower	Sweetcorn Garden Peas	Cabbage Country Vegetables	Sweetcorn Green Beans	Baked Beans Garden Peas
	Dessert	Pear Sponge	Chocolate Cocoa Cookie	Vanilla Shortbread	Peach Upside Down Cake	Apple Flapjack
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Three 13/09/2021 04/10/2021 01/11/2021 22/11/2021 13/12/2021	Option 1	Tomato Pasta Bake	Sausage Roll with Wedges	Roast Gammon with Roast Potatoes and Gravy	BBQ Chicken Pizza with New Potatoes	MSC Fish Fingers with Chips and Tomato Sauce
	Option 2	Vegan Meat free meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy	Broccoli & Cheese Pasta Bake	Cheese & Tomato Pizza with New Potatoes	BBQ Quorn with Chips
	Option 3	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Cheese
	Vegetables	Country Vegetables Sweetcorn	Garden Peas Cauliflower	Carrots Swede Mash	Green Beans Sweetcorn	Baked Beans Garden Peas
	Dessert	Fruity Shortbread	Chocolate Sponge	Spanish Cookie	Eves Pudding	Pinwheel Cookie

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.