

Highbury Egg Free Portsmouth Spring/ Summer Menu 2022 Option B

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Week One 28 th Feb 21 st March 25 th April 16 th May 13 th June 04 th July 29 th August 19 th September 10 th October | Option 1 | Tomato Pasta | Beef Burger in a Bun with Potato Wedges | Roast Chicken, Roast Potatoes, Stuffing & Gravy | Beef and red pepper Pizza with Potato wedges | Fishfingers with Chips & Tomato Sauce |
| | Option 2 | Five Bean Vegetable Curry with Rice | Vegan Sausage Hot Dog with Potato Wedges | Vegetable Wellington with Roast Potatoes & Gravy | Cheese & Tomato Pizza with potato wedges | Vegan Mexican Roll with Chips & Tomato Sauce |
| | Option 3 | Jacket Potato with Beans, | Jacket Potato with Cheese | Jacket Potato with Beans | Jacket Potato with Tuna (No Mayo) | Jacket Potato with Cheese |
| | Vegetables | Cucumber Carrots | Sweetcorn Peas | Cabbage Broccoli | Green Beans Carrots | Peas Baked Beans |
| | Dessert | Italian Vanilla Cake | Apple & Raisin Flapjack | Chocolate Cookie | Orange & Cinnamon Cookie | Peaches & Ice Cream |
| Week Two 7 th March 28 th March 02 nd May 23 rd May 20 th June 11 th July 05 th September 26 th September 17 th October | Option 1 | Macaroni Cheese | Spaghetti Bolognaise | Roast Turkey, Roast Potatoes & Gravy | BBQ Chicken Pizza with Potato Wedges | Fishfingers with Chips & Tomato Sauce |
| | Option 2 | Vegetable Curry with Rice | Vegan Spaghetti Bolognaise | Roast Quorn, Roast Potatoes, Stuffing,& Gravy | Cheese & Tomato Pizza with potato wedges | Cheese & Bean Pasty with Chips |
| | Option3 | Jacket Potato with Beans, | Jacket Potato with Cheese | Jacket Potato with Beans | Jacket Potato with Tuna (No Mayo) | Jacket Potato with Cheese |
| | Vegetables | Sweetcorn Cauliflower | Green Beans | Carrots Peas | Broccoli Sweetcorn | Peas Baked Beans |
| | Dessert | Pinwheel Cookie | Vanilla Shortbread | Oaty Cookie | Italian Chocolate Cake | Chocolate & Banana Oaty Square |
| Week Three 14 th March 04 th April 09 th May 06 th June 27 th June 18 th July 12 th September 03 rd October | Option 1 | Macaroni Cheese | Beef Lasagne with Garlic Bread | Roast Chicken, Roast Potatoes, Stuffing & Gravy | Pork Sausage Hot Dog with Potato Wedges | Fishfingers with Chips & Tomato Sauce |
| | Option 2 | BBQ Quorn Fillet with Rice | Vegetable Enchiladas with Rice | Lentil & Basil Puff Pastry, Roast Potatoes & Gravy | Cheese & Tomato Pizza with potato wedges | Bean and Lentil Burger with Chips |
| | Option 3 | Jacket Potato with Beans, | Jacket Potato with Cheese | Jacket Potato with Beans | Jacket Potato with Tuna (No Mayo) | Jacket Potato with Cheese |
| | Vegetables | Green Beans Carrots | Green Beans Sweetcorn | Carrot Broccoli | Sweetcorn Tomato Salsa | Peas Baked Beans |
| | Dessert | Italian Vanilla Cake | Raspberry Jelly & Mandarins | Spanish Cookie | Italian Vanilla Cake | Chocolate Shortbread |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
 If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.