

Curriculum Statement for PSHE

PSHE Intent

At Highbury the intention of the PSHE curriculum is to enable our children to become healthy, independent and responsible members of society. Children will gain knowledge and understanding of key issues including: self-well-being, their role in society, resilience to change and safeguarding, which will be taught through engaging and relevant discussions and activities. In the PSHE curriculum, there are equal opportunities for all children to engage in new experiences, children from all backgrounds, including disadvantaged and SEND should have the same opportunities. Our school values are used to promote positive attitudes to learning and developing a growth mindset for all.

Implementation of PSHE

At Highbury, the PSHE curriculum is mapped out across the whole school using the National Curriculum guidance, alongside the PSHE Association. This is detailed in the whole School Curriculum Overview, which maps out all the themes for each year group. The PSHE Curriculum is planned with a progression of key life skills, taught alongside key vocabulary and correct terminology. This progression takes into account prior learning and consolidates the key skills.

The children learn the following Personal, Social, Health and Economic skills:

- To develop an understanding of their role in the school and the wider community.
- To understand the different dynamics of relationships
- To be able to communicate and manage their needs
- To understand their personal growth physically and mentally
- To know how to keep themselves safe in a variety of situations

As part of the PSHE curriculum the whole school are participating in a new scheme of learning called 'My Happy Minds', where they focus on how the brain can cause certain behaviours to happen and how people can control and understand their emotions. The PSHE curriculum promotes communication skills, so children are able to apply their English skills and have the opportunity to speak for a range of different purposes.

Impact of the PSHE curriculum

Children will be learning life skills, which link to our school values and will build an understanding of relationships, community and health and well-being. They will use communication skills to participate in discussions, as well as supporting their computing skills through focussing on being safe online including social media. The children will leave Highbury with a greater awareness of the world and local community, as well as having key memorable PSHE experiences and how this has impacted on the development of them as individuals. Through their curriculum experiences they will also gain an understanding of the cultural diversity of society.

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