

Curriculum Statement for P.E

P.E Intent

At Highbury the intention of the Physical Education curriculum is to equip the children to have the tools to lead a healthy and active lifestyle. To do this Highbury deliver a balanced P.E curriculum that engages children in physical activity. Children will have the opportunity to engage in a variety of sports throughout their time at Highbury. Children from all backgrounds including disadvantaged should have the same opportunities using our school values to promote positive attitudes to learning and developing a growth mind set for all. At Highbury we also look to provide the children with opportunity to express their talents in external school competitions and sports festivals.

Implementation of PE

At Highbury the P.E curriculum is mapped out across the whole school using the National Curriculum as well as the whole School Progression Document which shows clear continuous progression of skills between each year group with key vocabulary taught explicitly. The progression takes into account prior learning and builds upon skills previously taught. The children learn the following P. E skills:

To lead a healthy and active lifestyle

To effectively perform key skills including running, jumping, catching and throwing.

Key skills to engage in a variety of sports such as football, netball as well as participating in dance and gymnastics.

To use the P.E values of passion and determination

To show good sportsmanship

The P.E curriculum promotes communication skills so children are able to apply their English skills and have the opportunity for speaking and listening using P.E knowledge, understanding and vocabulary. PE also gives the children the opportunity to improve their social skills and understand how to work with a variety of different children.

Impact of the PE curriculum

Children will be learning the key P.E skills building on their prior learning and are able to use their mathematical and literacy skills in team games. This will allow them to communicate any method or tactic they have used to complete their task. This will allow them to know more and remember more key skills, so that they are ready for the next stage of their learning at Highbury and when they leave to start their secondary education. The children will leave Highbury with a greater awareness of how to lead a healthy and active lifestyle. They will have the knowledge and understanding of how a sedentary life can inhibit their quality to life as well as how participation in community sports can benefit their wellbeing.

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