

Egg Free Standard Menu Spring/ Summer Menu 2023

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 17/04/23 08/05/23 05/06/23 26/06/23 17/07/23 18/09/23 09/10/23	Option 1	Crunchy Topped Vegetable Bake with New Potatoes	Chicken Fajitas with Rice	Roast Turkey, Roast Potatoes & Gravy	Build a Burger Day Beef Burger with Toppings and Potato Wedges	Fishfingers with Chips & Tomato Sauce
	Option 2	Cheese & Tomato Pizza with New Potatoes	Wholemeal Vegetable Pasta Bake	Roast Quorn, Roast Potatoes & Gravy	Build a Burger Day Vegan Burger with Toppings and Potato Wedges	Phat Mexican Bean Roll with Chips & Tomato Sauce
	Option 3	Tomato Pasta	Jacket Potato with Beans	Tomato Pasta	Jacket Potato with Cheese	Tomato Pasta
	Vegetables	Mixed Salad Sweetcorn	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas Baked Beans
	Dessert	NEW Syrup Snap Biscuit	Fruit Jelly with Mandarins	Freshly Chopped Fruit Salad	NGCI Italian vanilla Cake	Oaty Cookie
Week Two 24/04/23 15/05/23 12/06/23 03/07/23 04/09/23 25/09/23 16/10/23	Option 1	Chef's Special Chicken Korma with Rice	Pork Sausage Hot Dog with Potato Wedges	Roast Chicken, Roast Potatoes & Gravy	Mac and Cheese Macaroni Cheese with Cajun Chicken and Toppings	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option 2	Cheese & Tomato Pizza with New Potatoes	Vegan Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes & Gravy	Mac and Cheese Macaroni Cheese with toppings	Beetroot Burger with Chips & Tomato Sauce
	Option 3	Tomato Pasta	Jacket Potato with Beans	Tomato Pasta	Jacket Potato with Cheese	Tomato Pasta
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas Baked Beans
	Dessert	NGCI Vanilla Cake	Chocolate Shortbread	Fruit Medley	Peach Crumble & Cream	Vanilla Shortbread
Week Three 01/05/23 22/05/23 19/06/23 10/07/23 11/09/23 02/10/23	Option 1	Lentil and Sweet Potato Curry with Rice	Pasta Bolognese with Garlic bread	Pork sausages and Mashed Potatoes and Gravy	Yamas! NEW Greek Chicken Pitta with Seasoned Wedges	Fishfingers with Chips & Tomato Sauce
	Option 2	Cheese & Tomato Pizza with New Potatoes	Vegan Pasta Bolognese with Garlic Bread	Vegan Sausage with Mash potatoes and Gravy	Yamas! NEW Spinach & Cheese Parcel with Seasoned Wedges	Cheese & Bean Pasty with Chips
	Option 3	Tomato Pasta	Jacket Potato with Beans	Tomato Pasta	Jacket Potato with Cheese	Tomato Pasta
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Fresh Salad Rainbow Slaw	Peas Baked Beans
	Dessert	Sticky Toffee Apple Crumble	NGCI Banana Cake	Catherine Wheel Cookie	Apple Flapjack	NEW Cornflake Tart

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.